

Preparing to Learn Assessment

Name _____

1. List the seven learning styles:

- | | |
|----|----|
| a) | e) |
| b) | f) |
| c) | g) |
| d) | |

2. What are the following? The... _____

- | | |
|-------------------------------------|---------------------------------|
| a) Have a study plan | e) Review your notes |
| b) Don't cram | f) Don't get distracted |
| c) Set goals | g) Use study groups effectively |
| d) Study the difficult things first | |

3. How can you improve reading comprehension?

- Complete a pre-reading _____ of the text.
- Define your _____.
- _____ the text.
- Take _____ and highlight important _____.
- Do a post-reading _____.

4. What is the purpose of the actions below? To... _____

- | | |
|-----------------------------------|------------------------------|
| a) Organize the information | g) Verbalize the information |
| b) "Chunk" pieces of information | h) Repeat the information |
| c) Visualize the information | i) Use mnemonic devices |
| d) Actively study the information | j) Use flashcards |
| e) Make connections | k) Create a T-Chart |
| f) Frequently review | |

5. Name at least three ways to cope with test stress:

- _____
- _____
- _____