

C/SGT Exam Study Guide

You can find the CA Cadet Corps curriculum on the Cadet Corps website at <https://cacadets.org/Curriculum>. Click on the desired Instructional Group: Military Subjects, Citizenship, Leadership, or Wellness.

The exam for Cadet Sergeant covers curriculum areas that a cadet non-commissioned officer should know, from the lessons listed below. For example, in M1, the strand covering Cadet Regulations, there are questions from Section A (Core CACC Regulations). From M2 (Uniforms), there are questions from Sections A and B). Most questions are taken from the lessons covering the Topics indicated below.

The exam has 50 questions from a larger question bank, so no test is the same. The test is closed book – you may NOT use notes or curriculum material while you're taking the exam. You have a maximum of 50 minutes to take the exam. It is available online by request through your Commandant; You must attain a minimum score of 70% to pass the exam. If you need to retake it, you must wait two weeks.

Military Subject Strands	Section(s)	Topics
M1 Regulations	A (Core CACC Regulations)	Reg Series by #; Info common to all regs; Common Cadet Regs (CR 1-1, 1-5, 1-8)
M2 Uniform	A, B (Class B&C Uniforms)	Class B & C Uniforms
M3 Individual Drill	A, B (TC 3-21.5 Individual Drill)	Intro, Rules for Commands; Drill Terms; Basic Individual Commands;
M4 First Aid	A, B (First Aid, CPR)	Bleeding, heat injuries, burns, checking unresponsive victims, CPR, heart attack
M5 CACC Basics	A, B (Background & Responsibilities)	A: CACC History; CACC Objectives; All of M5B
M6 Maps & Navigation	A (Map Reading)	3 Norths; Intro to Maps; Map Colors; Basic Map Symbols; Grid coordinates
M7 Unit Drill	A, B (TC 3-21.5 Squad Drill)	Details on Movements; Manual of the Guidon
M8 Mil Courtesy	A, B (Courtesies, To Impress)	Saluting; Chains of Command; Table Manners (1 ques)
M10 Field Skills	A: (Bivouac)	Knots; Knife Safety Rules; Fire; Hygiene; Map Reading
M11 Survival	A (Prepare to Survive)	Preparation
M12 Ceremonial Drill	A, B,C (TC 3-21.5 Reviews)	Review Ceremony - Formation of Troops
Citizenship Strands	Section(s)	Topics
C1 The State of California	A (California Basics)	CA Geography, Symbols, Peoples, Threats
C3 College & Careers	A (College)	Applying for College
C6 Flag	A (Flag Basics)	National Anthem; Flag Smarts
C7 Study Skills	A, B (Prep to Learn, Tests)	A: Reading Comprehension; Cornell Notes; Improving Memory; B: Test-taking tips; Essay tests
Leadership Strands	Section(s)	Topics
L1 Character Development	A (Character in Leadership)	Character, Core Values, Honor Code
L3 Leadership Roles	A (Ldrshp Roles at School Level)	Intro to Leadership Roles; Basic Roles of Squad Leader thru Company Commander
L4 Leadership Skills & Theories	A (The Cadet)	Attitudes; Goal setting; procrastination; motivation; Role of the leader; conflict resolution
L6 Profiles in Leadership	A: (Historical Leadership Profiles)	MLK, Churchill, Eisenhower, Patton, Doolittle, MacArthur, Gandhi
Wellness Strands	Section(s)	Topics
W2 Health & Wellness	A (A Well Cadet)	Dimensions of Wellness; Nutrition; Resilience; Spiritual Wellness
W3 Individual Fitness	A, B (Fitness Testing, PT)	A: Intro to Fitness; HFZ; B: Ways to Train; Fitness for the Heart & Upper Body; Endurance
W4 Nutrition	A: (Nutrition for the Student)	Healthy Eating Patterns; Dairy; Grains
W5 Fitness Training	A (Army Physical Training)	Extended Rectangular Formation

C/SGT Exam Study Guide